

# Things to Do around Provo:

## Hiking:

### **Top 10 Hikes (article):**

[https://www.utahvalley.com/blog/post/top-10-utah-valley-hikes-to-go-on-right-now/?gad\\_source=1&gad\\_campaignid=23390206706&gbraid=0AAAAADi4YR1eI0dE73vfGZPMZrl6pWF19&gclid=Cj0KCQjwzqXQBhD2ARIsAKrleU-fm5xFy9zHVZ\\_kBPr\\_caspZokyJBMMyEv3XMt8NWQ6yKJKgDEea9QQaAn4UEALw\\_wcB](https://www.utahvalley.com/blog/post/top-10-utah-valley-hikes-to-go-on-right-now/?gad_source=1&gad_campaignid=23390206706&gbraid=0AAAAADi4YR1eI0dE73vfGZPMZrl6pWF19&gclid=Cj0KCQjwzqXQBhD2ARIsAKrleU-fm5xFy9zHVZ_kBPr_caspZokyJBMMyEv3XMt8NWQ6yKJKgDEea9QQaAn4UEALw_wcB)  
Stewart Falls, Tibble Fork Loop, Silver Lake, Kyhv Peak, Bridal Veil Falls, Grotto Falls, Spring Canyon, Big East, Lost Creek Falls, Big Springs Hollow (in South Fork area)

### **Other popular hikes in area:**

**Timpanogos Cave Nat'l Monument**, Rock Canyon (by BYU), South Fork, Cascade Springs (by Sundance Resort), Battle Creek Falls, Y-Mountain, Murdock Canal Trail (paved)

## Sundance Resort

### **Sundance Horseback Riding:**

<https://www.sundanceresort.com/activities/horseback-riding/>

### **Sundance Mountain Biking:**

<https://www.sundanceresort.com/activities/mountain-biking/>

### **Sundance Zipline:**

<https://www.sundanceresort.com/activities/ziptour/>

### **Sundance Dining:**

The Tree Room \$\$\$

Foundry Grill \$\$

## Bike Rentals for Provo Canyon Trail or Murdoch Canal Trail:

### **Voltage Rentals**

(e-bikes, small e-scooters)

<https://www.voltagerentals.com/>

### **Gary's Bikes**

(e-bikes, mountain bikes, road bikes)

<https://garysbikesutah.com/rentals/>

## **Water Activities—River**

### **High Country Adventure**

Tubing, Rafting, Kayaking on Provo River

<https://highcountryadventure.com/>

### **Pro Rafting Tours**

Tubing, Rafting, Kayaking on Provo River

<https://prorraftingtours.com/outdoor-adventures/river-trips/international/united-states/utah/provo-river/>

## **Water Activities—Other**

### **Deer Creek State Park**

(Jet ski/boat/paddle board/other rentals available from Deer Creek Island Resort. Click “rentals” on site below)

<https://stateparks.utah.gov/parks/deer-creek/>

### **Utah Lake State Park**

(Motorized and non-motorized rentals available from concessionaire at inner marina)

<https://stateparks.utah.gov/parks/utah-lake/facilities/>

### **Splash Summit Water Park**

Water park with lazy river, water slides, wave pool

<https://www.splashsummit.com/>

### **Provo Beach Resort**

(Indoor Flow Rider—surfing/boogie boarding, laser tag, arcade, ropes course, bowling. Part of outdoor walking mall)

<https://provobeach.com/>

### **Bonneville School of Sailing**

(2 hour Discover Sailing activity)

<https://bonnevillesailing.com/discover-sailing.htm>

## **Hot Springs:**

<https://www.utahvalley.com/blog/post/exploring-utah-valleys-hot-springs/>

**Fifth Water Hot Springs** (aka Diamond Fork Hot Springs)—nicer but longer hike

<https://www.alltrails.com/trail/us/utah/fifth-water-hot-springs-trail>

**Saratoga Hot Springs** in Saratoga Springs (crowded on weekends)

<https://www.alltrails.com/trail/us/utah/saratoga-hot-springs-trail>

**The Crater at Homestead** in Midway

Costs money, but nice. Soaking or scuba diving.

<https://homesteadmidwayutah.com/adventures/crater/>

## **Axe Throwing/Archery**

### **Heber Hatchets**

261 North University Ave.

Provo, Utah 84601

801-613-8960

<https://heberhatchets.com/axe-throwing-provo/>

### **Rhyno's Axe Throwing and Archery**

765 South Orem Blvd.

Orem, Utah 84058

801-607-1201

<https://www.rhynosaxeandarchery.com/>

## **Ice and Roller Skating**

### **Peaks Ice Arena**

Ice skating, skate and walker rentals

Public skate times vary by day

100 North Seven Peaks Blvd, Provo, UT 84606

<https://www.provo.gov/394/Peaks-Ice-Arena>

### **Classic Skating & Fun Center**

Roller skating, arcade, space-themed playground, bounce house, laser tag, diner

250 South State Street, Orem, UT 84058

<https://classicfun.com/>

## **Escape Rooms**

### **Getout Games**

283 North University Ave.

Provo, Utah 84601

801-310-4434

<https://getoutgames.com/provo/>

### **Escapes in Time**

768 South 400 East

Orem, Utah 84097

801-616-3066

<https://www.escapesintime.com/>

### **The Escape Key**

225 North University Ave.

Provo, Utah 84601

385-236-3409

<https://theescapekey.us/>

### **Red Giant Escape Rooms**

1658 South State St.

Orem, Utah 84097

801-753-8601

<https://www.redgiantexperiences.com/>

### **Tempus Escapes**

1555 North Freedom Blvd.

Provo, Utah 84604

801-203-0123

<https://tempusescapes.com/>

## **Creative Activities:**

### **The Soap Factory**

(Soap-making class/Make your own bar of soap)

<https://www.soapfactoryprovo.com/>

### **The Wick Lab**

(Pour your own custom candle)

<https://www.thewicklab.com/>

### **Gem Studio**

(Learn how to make your own silver jewelry)

<https://www.gemstudio.com/>

**Throw Art Studio**

(Pottery wheel instruction and use)

<https://www.throwartstudio.com/>

**Color Me Mine**

(Premade pottery to paint)

<https://provo.colormemine.com/>

**Beadology**

(DIY bead studio/beaded jewelry-making)

<https://beadology-utah.company.site/>

**Theatre (stage)****The Scera**

Outdoor stage, community theater

Bring your own blankets or chairs or rent chairs for hilled seating

July Show — Matilda the Musical

745 South State Street, Orem, UT 84058

<https://scera.org/event-category/stage/>

**The Ruth**

Semi-professional

July show — The Scarlet Pimpernel

401 S. Pleasant Grove Blvd., Pleasant Grove, UT 84062

<https://www.theruth.org/>

**The Covey Center**

City owned arts center with various offerings

No July shows

425 West Center Street, Provo, UT 84601

<https://www.provo.gov/185/Covey-Center-for-the-Arts>

**Hale Sandy**

Semi-professional

July shows — Harmony (musical) & Our Town

9900 Monroe Street, Sandy, UT 84070

<https://hct.org/>

## **Comedy Clubs:**

### **Comedy Box** (formerly Comedy Sportz)

Improv comedy show

<https://www.comedyboxutah.com/>

### **Dry Bar Comedy**

Live comedy shows for all audiences

<https://store.drybarcomedy.com/collections/tickets>

### **ImprovBroadway**

Improv comedy show

<https://www.improvbroadway.com/>

## **Miscellaneous Activities:**

### **Heber Valley Railroad**

Scenic and themed rides on historic railroad

450 South 600 West, Heber City, UT 84032

<https://www.hebertrain.com/>

### **Redline Racing**

Indoor go-kart racing

<https://redlineracingusa.com/>

### **CLAS Ropes Course**

Adventure Park ropes course, canoeing, ziplining

<https://www.clasropes.com/>

### **The Quarry**

Indoor rock climbing walls

<https://quarryclimbing.com/>

### **Laser Assault**

Provo laser tag

<https://laser-assault.com/>

### **Rad Tag**

Pleasant Grove laser tag

<https://radtag.com>

### **Lowe's Xtreme Airsports**

(trampoline park)

<https://www.lowesairsports.com/>

### **Smash It Rage Room**

(smash items or throw paint)

<https://smash-itragerooms.com/>

### **Classic Skating & Fun Center**

Roller skating, arcade, space-themed playground, bounce house, laser tag, diner  
250 South State Street, Orem, UT 84058

<https://classicfun.com/>

### **Hang Time Adventure Park**

Indoor trampoline park

1340 Sandhill Road, Orem, UT 84058

<https://www.hangtimeadventureorem.com/location-home/ninjakidz-113-orem>

## **Farmers Markets**

### **Provo Farmers Market**

Farmers market, vendors, food trucks, entertainment  
Saturday mornings 9 am – 2 pm, Pioneer Park

<https://www.provofarmersmarket.com/>

### **Orem Farmers Market and Food Fest**

Farmers market, vendors, food trucks, entertainment  
Free yoga 7-8 pm

Wednesday evenings 5 – 9 pm

Orem City Park — 293 East Center Street

<https://www.facebook.com/oremfarmersmarket/>

### **Springville Farmers Market**

Farmers market, vendors, food trucks, entertainment  
Monday Evenings 5 – 9 pm

Springville Civic Center — 110 South Main

<https://www.facebook.com/SpringvilleFarmersMarketUT>

## **Arcades**

A lot of Arcades

## **Museums/Gardens**

**Springville Art Museum** (15 min South of Provo)

<https://www.smofa.org/>

**Thanksgiving Point** (Lehi, Utah, 30 min North of Provo/BYU)

**Museum of Ancient Life**

<https://thanksgivingpoint.org/attractions-tickets/museum-of-ancient-life/>

**Museum of Natural Curiosity (Children's Museum)**

<https://thanksgivingpoint.org/attractions-tickets/museum-of-natural-curiosity/>

**Ashton Gardens**

<https://thanksgivingpoint.org/attractions-tickets/ashton-gardens/>

**Imaginarium** — Celebrating the USA's 250<sup>th</sup> birthday.

Statue of Liberty, Mount Rushmore, and other replicas, as well as many activities like crafts, a giant slide, and obstacle course.

<https://thanksgivingpoint.org/imaginarium/>

**Camp Floyd State Park Museum & Stagecoach Inn** (Fairfield, UT, 50 min West of BYU)

US Army installation/camp built in 1858

<https://stateparks.utah.gov/parks/camp-floyd/>

**Crandall Printing Museum** (Alpine, UT, 30 min North of BYU/Provo)

<https://www.thecrandall.org/>

**Brigham Young University (BYU)**

**Museum of Art**

Several current exhibits, including the gilded recasting from old gypsum casts of *Gates of Paradise*, Lorenzo Ghiberti's (1400s) doors for Florence's Baptistery of San Giovanni

<https://moa.byu.edu/>

**Museum of Paleontology**

One of the largest dinosaur collections in the world (but not all on display)

<https://geology.byu.edu/museum/>

**Museum of Peoples and Cultures**

<https://mpc.byu.edu/>

**M.L Bean Life Science Museum**

<https://mlbean.byu.edu/>

**Roots of Knowledge** (UT Valley Univ—Orem, UT, 15 min NW of BYU/Provo)

Really large stained glass mural

<https://www.uvu.edu/rootsofknowledge/#info-banner>

**UVU Museum of Art at Lakemount Manor**

(UT Valley Univ—Orem, UT, 15 min NW of BYU/Provo)

<https://www.uvu.edu/museum/>

### **Sparks Museum and Event Center**

Collection of vintage neon signs, gas pumps, Americana  
<https://www.sparksmuseumandeventcenter.com/>

### **Provo Pioneer Village**

Original pioneer cabins, structures, wagons. Working blacksmith shop, mercantile store.  
Limited hours  
<https://www.provopioneervillage.org/>

## **Olympic Legacy**

### **Utah Olympic Park**

From 2002 Winter Olympics — Alpine track events  
Gold Pass includes unlimited all-day use of Alpine Slide, Extreme Tubing, Extreme Zipline, Freestyle Zipline, Discovery Course, Action Tower, Scenic Chairlift, Canyon Course, etc.  
Price varies by date, approx. \$85-95/person  
Summer bobsled not included in pass but available  
\*Flying Ace All Stars Freestyle Show — Fridays/Saturdays at 6 pm  
<https://utaholympiclegacy.org/location/utah-olympic-park/>

### **Soldier Hollow Nordic Center**

From 2002 Olympics — Nordic ski events  
Mountain and E-bike rentals, Hiking  
2002 South Olympic Drive, Midway, UT 84049  
<https://utaholympiclegacy.org/location/soldier-hollow/>

## **Heritage Festivals in July**

### **Payson Scottish Festival**

July 10, 5–9 pm; July 11, 9–6 pm  
Payson Memorial Park — 250 South Main St, Payson, UT 84651  
<https://www.paysonscottishfestival.org/>

### **African Heritage Festival**

July 11, 2–8 pm  
Singing, dance, crafts, vendors, food, art, fashion, etc.  
The Orchard at University Place  
575 East University Parkway, Orem, UT  
<https://culturelearningcenter.org/african-heritage-festival>

### **Orem Peruvian Festival**

July 18, 11 am – 10 pm  
Orem City Center Park  
300 East Center Street, Orem, UT